

Results - 10Km

SWASAP Ultra Marathon 2019

POS	RACE NR	TIME	NAME	SURNAME	GEN	CAT	AGE	CLUB	LIC
1	411	00:30:44	SIMON	SIBEKO	M	Senior	25		
2	406	00:33:23	THAPELO	MODULO	M	Senior	22		
3	469	00:35:26	REFUDEHAPE	MARTLE	M	Senior	23	BLOEMFONTEIN ACHILLES	
4	414	00:36:29	TSHITSO	MOKOENA	M	Senior	37	OLD MUTUAL	P2465
5	471	00:38:28	MARIUS	WESSELS	M	Senior	37	KOVSIAS	719
6	345	00:40:21	GEORGE	MOSIA	M	40-49	41		
7	433	00:41:10	DAVID	TEBOHO TONEPA	M	40-49	40	BLOEMFONTEIN ACHILLES	
8	404	00:41:54	GAVIN	MOTHANKE	M	Senior	32		
9	405	00:44:47	JOHAN	BEKKER	M	50-59	54	BLOEMFONTEIN STRIDERS	1550
10	389	00:46:32	WELMARIE	VOLSCHENK	F	Senior	20	KOVSIAS	787
11	415	00:50:22	MARELIZE	PRETORIUS	F	40-49	43		
12	391	00:50:46	MICHEAL	ROOS	M	60+	67	BLOEMFONTEIN STRIDERS	P2278
13	351	00:50:47	ESTIAAN	BAKKES	M	Junior	15	JIM FOUCHE	P3183
14	476	00:50:51	WAYNE	BEELDARS	M	40-49	43	BLOEMFONTEIN ACHILLES	143
15	375	00:50:58	MARISE	HAWENGA	F	Senior	22	KOVSIAS	707
16	370	00:51:08	WILLEM	DE LANGE	M	40-49	41	BLOEMFONTEIN ACHILLES	P92
17	390	00:51:12	ALDYSIUS	EYBERS	M	60+	64	BROTHERHOOD	76496GA
18	463	00:51:30	KOOS	ERASMUS	M	50-59	53		
19	348	00:51:53	WILLIE	SWANEPOEL	M	50-59	51		
20	399	00:52:05	RONEL	ERASMUS	F	50-59	58	KOVSIAS	1871
21	392	00:53:25	RAVEN	NEO	M	Junior	12		
22	349	00:53:26	TOKOLLO	PHATE	M	Junior	18	PAMOJA AC	P1779
23	381	00:54:29	SAKKIE	JAMNECK	M	Senior	27	PENTAGON PISTOLS	602
24	356	00:54:45	MARIETTE	KOEN	F	50-59	54	BERTS BRICKS POTCHEFSTROOM	P2638
25	400	00:54:47	VIAGISHO	WHOREENY	M	Senior	37	PAMOJA AC	TEMP
26	477	00:54:50	HENDRIK	V HEERDEN	M	50-59	50	SAWDF	1926
27	383	00:55:40	BEN	SEERIE	M	40-49	46		
28	457	00:55:41	KABELO	RADEBE	M	Senior	27		
29	302	00:55:47	PIETER	MARAIS	M	40-49	48	HARMONY STRIDERS	1014
30	444	00:55:59	KYLAN	GRIQUA	M	Senior	21		
31	371	00:56:13	MARLO	JOREINE	M	Senior			
32	423	00:56:13	MARYO	CROUS	F	40-49	40		
33	460	00:56:14	MARAIS	KRUGER	M	Senior	30		
34	107	00:56:42	GERHARD	MARAIS	M	Senior	22	HARMONY STRIDERS	1015
35	458	00:56:51	CHRISTELLE	JACOBS	F	Senior	26		
36	435	00:57:15	JOLENE	ROSSOUM	F	Senior	22		
37	470	00:57:20	STEPHANIE	VD HAAR	F	Senior	28		
38	316	00:57:23	FRANCIOS	VENTER	F	50-59	55	BLOEMFONTEIN ACHILLES	125
39	384	00:57:24	MILLICENT	SETHO	F	40-49	41		
40	343	00:57:26	KARIN	BADENHORST	F	60+	64	PENTAGON PISTOLS	P546
41	429	00:57:29	SIPHO	MOHLABANE	M	40-49	49		
42	488	00:57:33	Chelsea	Geldenhuis	F	Senior	24		
43	417	00:57:52	JEANI	MEYER	F	Senior	38	PENTAGON PISTOLS	P 627
44	340	00:57:52	MARZANNE	DU TOIT	F	Senior	30		
45	339	00:57:54	BYRON	CROOK	M	Senior	32		
46	359	00:58:12	JAN	COETZEE	M	50-59	55	KOVSIAS	834
47	434	00:58:15	JANETTE	VAN SCHOOR	F	Senior	26		
48	453	00:58:26	LIPHAPANS	SAMMEL HWANA	M	40-49	47		
49	418	00:58:27	TIFFANY	PIENAAR	F	Senior	34	PENTAGON PISTOLS	TEMP
50	422	00:58:37	MARLIZE	BOSCH	F	Senior	39	PENTAGON PISTOLS	630
51	455	00:58:37	KHOTSO	MAQULIHA	M	40-49	43		
52	409	00:58:46	MICHELLE	BOTHA	F	40-49	49	MANGAUNG AC	1208
53	410	00:58:46	MYLES	WOOLLEY	M	Senior	21		
54	487	00:58:51	SANMARIE	ODENDAAL	F	Senior	39		
55	408	00:59:04	DEON	BESTER	M	50-59	51		
56	493	00:59:11	SUSAN	SNYMAN	F	40-49	47		
57	492	00:59:15	ANDRIES	DU PLESSIS	M	60+	62		
58	420	00:59:16	SURIETHA	KUKKUK	F	50-59	50		
59	413	00:59:29	MORAGADI	MOLYE	M	Senior	28		

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60	401	00:59:37	LETU	KUTAU	M	40-49	42		
61	440	01:00:10	MINKE	HELENOI	F	Senior	22	VODACOM KIMBERLY	95
62	485	01:00:29	MOKHELE	MACHONGOANE	M	Senior	36	MANGAUNG AC	1954
63	421	01:00:30	ANLI	GROBLER	F	50-59	51	PENTAGON PISTOLS	667
64	317	01:00:39	MELANIE	NEL	F	Senior	34	KOVSIKES	P1858
65	461	01:00:59	ALISCIA	RAFFERTY	F	Senior	33		
66	462	01:01:02	MOSUOA	KHAKHAU	M	Senior	35	MAGAUNG AC	P3311
67	362	01:02:03	PETRI	ALTONA	F	Senior	33		
68	376	01:02:19	SUNET	BOTHA	F	40-49	41	PENTAGON PISTOLS	592
69	388	01:02:27	WILLY	FLYNN	M	50-59	52	PENTAGON PISTOLS	2722
70	396	01:02:28	LIZANDA	STANDER	F	Senior	27	PENTAGON PISTOLS	2723
71	355	01:02:33	RONALD	LINGEWTECDE	M	60+	67		
72	441	01:02:40	AZAHNDRI	STRYDOM	F	Senior	20		
73	346	01:02:48	COLIN	DRODSKIE	M	50-59	54	BLOEMFONTEIN ACHILLES	154
74	468	01:02:57	SEHHO	LETAWANA	M	40-49	48		
75	347	01:03:11	LEE-ANNE	REINEKE	F	Senior	34	BLOEMFONTEIN ACHILLES	55
76	473	01:04:34	RABELANI	MASUPA	F	Senior	24	TEAM VITAUTY	P33743
77	425	01:04:34	NOUDLELA	RADETE	F	Senior	34	VODACOM STRIDERS	P 2603
78	377	01:04:38	RIANA	NEL	F	50-59	53	KOVSIKES	750
79	367	01:04:46	GIDEON	SLABBERT	M	50-59	50	HEALTH ATHLETIC CLUB	P2097
80	387	01:04:52	THABANENG	KOLTI	F	Senior	27	OLD MUTUAL AC	3131
81	360	01:05:06	NATASHA	VAN LILL	F	Senior	27		
82	357	01:05:16	MARILE	KOEN	F	Senior	27		
83	373	01:05:20	ANETTA	VAN HEERDEN	F	60+	67	KOVSIKES	P1886
84	385	01:05:22	RENTSILISITSWE	WALAZA	F	Senior	28		
85	467	01:05:24	MARNE	JACOBS	F	Senior	23	PENTAGON PISTOS	580
86	442	01:05:58	MFETSANE DANIEL	SEKHOSANA	M	Senior	39		
87	482	01:06:15	MINYA	ENGELBRECHT	F	Senior	29	PENTAGON PISTOS	645
88	372	01:06:20	PETRO	BESTER	F	60+	63	KOVSIKES	P1887
89	486	01:06:21	MALIZA	ADENDORFF	F	Senior	18		
90	481	01:06:21	JENNY	DLAMINI	M	Senior	31	BLOEMFONTEIN ACHILLES	109
91	354	01:06:53	DANICA	DE BEER	F	Senior	24		
92	407	01:07:05	DINEO	MASNEANE	F	Senior	35	OLD MUTUAL AC	P2066
93	472	01:07:10	NTSHANGASE	STHANDIUE	F	Senior	27		
94	451	01:07:11	FIKILE	MIWI	M	Senior	39	MANGAUNG AC	P2900
95	303	01:07:33	LEANIE	VAN LINGEN	F	40-49	44		
96	365	01:08:03	PAUL	MALAN	M	40-49	40	PENTAGON PISTOLS	553
97	437	01:08:20	ELAINE	BOTES	F	40-49	42		
98	341	01:08:52	MARIKA	VENTER	F	40-49	47	PENTAGON PISTOLS	551
99	443	01:09:35	NATALIE	GRIQUA	F	Senior	39	OLD MUTUAL AC	2272
100	309	01:09:40	MARTIE	DAUTH	F	50-59	51	BLOEMFONTEIN ACHILLES	192
101	459	01:09:40	CARINA	BADENHORST	F	Senior	27		
102	464	01:10:01	LOUISE	COMBRIKKNCK	F	60+	67	BLOEMFONTEIN ACHILLES	167
103	424	01:11:03	JOHANN	DE LANGE	M	Senior	27		
104	466	01:11:06	MARCIL	VAN STADEN	F	Senior	36		
105	490	01:11:11	RENIER	MASSYN	M	40-49	41		
106	430	01:11:16	ANNELIZE	SCHROETER	F	Senior	28		
107	446	01:11:20	MARLISE	TROSKI	F	Senior	26		
108	445	01:11:21	SALLINDY-MONIQUE	GROBLER	F	Senior	32	PENTAGON PISTOLS	685
109	447	01:11:22	BELINDA	SOEBEHLE	F	Senior	27		
110	380	01:11:41	SUNE	BRAND	F	Senior	36	BLOEMFONTEIN ACHILLES	240
111	382	01:12:17	DANEL	JAMNECK	F	Senior	28	PENTAGON PISTOLS	603
112	439	01:13:06	JUSTIN	COETZEE	M	40-49	41		
113	369	01:13:23	LUDELLE	SLABBERT	F	Senior	36	PENTAGON PISTOLS	568
114	350	01:13:36	DELARISE	BAKKES	F	Junior	18	KOVSIKES	P1884
115	352	01:13:38	WILNA	BAKKES	F	40-49	42	KOVSIKES	P1869
116	480	01:13:42	JUDA	MOKOENA	M	Senior	33		
117	393	01:13:52	MOTTELALIRI	PHOOKO	M	40-49	45		
118	363	01:14:06	HENNIE	COETZEE	M	Senior	37	BLOEMFONTEIN ACHILLES	181

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119	398	01:14:09	CATHERINE	GROBLER	F	Senior	30	KOVSIKES	1870
120	475	01:14:14	SMANGA	NTESNE	M	40-49	41		
121	438	01:14:24	ANCEL	GREORGE	M	50-59	50		
122	436	01:14:35	ANITA	WESSEL	F	40-49	46		
123	397	01:14:45	UNATHI	MJA	F	Senior	36	OLD MUTUAL AC	P2998
124	432	01:14:55	ROCHELLE	ACKERMANN	M	Senior	25		
125	353	01:15:06	CLARIZE	BONTHUYS	F	Senior	35		
126	450	01:15:22	NOMFUNDO	MCHABESA	F	40-49	40	MAC	1187
127	344	01:15:31	PHILIP	VOGEL	M	Walker	48	PENTAGON PISTOLS	2719
128	378	01:15:52	BASHEERAH	MOGAPI	F	Senior	34		
129	448	01:15:56	IRNE	SWANEPOEL	F	50-59	52	BLOEMFONTEIN STRIDERS	1526
130	358	01:16:08	JOLANDA	VISSER	F	40-49	45		
131	395	01:16:53	GLADYS	POONYANE	F	40-49	41	FS HEALTH ATHLETIC CLUB	1963
132	374	01:17:14	HENRIETTA	SMITH	F	40-49	44		
133	106	01:17:14	BIANCA	HARTSLIEF	F	Senior	22	HARMONY STRIDERS	1227
134	478	01:18:03	MOTCAGOMANG	TCHATLOGI	F	Senior	36		
135	361	01:18:13	LANCE	WILLIAMS	M	40-49	44	PENTAGON PISTOLS	P2727
136	368	01:18:44	CHRISTA	SLABBERT	F	50-59	59		
137	454	01:18:52	ROELF	KOTZE	M	40-49	40		
138	403	01:19:52	ALIZWA	MAYONGO	F	Senior	22		
139	394	01:20:09	TSHOLOFELO	SEOKAMO	F	Senior	38		
140	449	01:20:38	THUBANG	MOKOKIO	M	Senior	35		
141	342	01:20:52	JURIE	BARDENHORST	M	60+	68		
142	402	01:21:00	JACQUELENE	DE KLERK	F	40-49	47		
143	366	01:22:43	AMANDA	MEYER	F	60+	61		
144	379	01:24:46	MOGOROSI	KHUNISHE	F	Senior	36	OLD MUTUAL AC	P2466
145	474	01:26:36	MOSIANA	SELETENG	M	50-59	56		
146	416	01:26:50	NEO	LAPIE	F	40-49	42	MANGAUNG AC	1198
147	427	01:26:52	THISLISO	MOSOTHOANE	M	Senior	39	MANGAUNG AC	1729
148	426	01:28:41	FRANCIOS	DU TOIT	M	40-49	45	LICHTENBURG	1025
149	489	01:30:51	TANYA	MASSYN	F	Senior	38		
150	419	01:32:26	MALESHWANE	MOEKETSANA	F	40-49	41	MANGAUNG AC	2277
151	412	01:35:50	NOMKHITHA	NTSHOTSHO	F	40-49	40	OLD MUTUAL AC	P2941
152	428	01:38:11	SABATA	DUMEZWENI	M	40-49	44	FATS CATS	P14519
153	431	01:40:10	CORINNA	BRINK	F	Senior	35		
154	1598	01:46:25	MOJAPOLA ANDREW	MOREKI	M	Senior	39	NORTHERN CAPE SAPS	782
155	456	01:47:38	CHRIS	MATAUNG	M	50-59	53		
DQ	305	N/A	INGEID	HEYNS	F	40-49	45	ACHILLES	190
DQ	364	N/A	KAREN	LUYT	F	40-49	44	PENTAGON PISTOLS	523
DQ	386	N/A	LEANDI	RUST	F	Senior	28	PENTAGON PISTOLS	2725
DQ	791	N/A				Senior			
DNF	332	N/A	ZANDRI	COETZEE	F	Senior	30	BLEOMFONTEIN ACHILLES	239
DNF	452	N/A	YOLANDA	KASPER	F	Senior	37	TRANSNET	P253
DNF	465	N/A	THATO	NTECHANE	M	Senior	34		
DNF	479	N/A	CECIL	VAN ROOYEN	M	Senior	38	BLOEMFONTEIN ACHILLES	118
DNF	483	N/A	LETHABO	MAEBANA	F	Senior	0		
DNF	484	N/A	REZA	COETZEE	F	Senior	20	Vryburg Multi Sport Club	422
DNF	491	N/A	INNO	M	F	Senior	26		