

Twizza Alan Ferguson Round Naval Hill Free State Championship 10 Km Results

Pos	Race Nr	Time	Name	Surname	Gen	ASA Nr	Category	Age	Club
1	296	00:31:56	Anastacius	Ontong	M	309	Senior	25	Eskom AC FS
2	282	00:32:15	Jonas	Soke	M	1442	Senior	30	CUT
3	298	00:32:25	Mandisa	Kubheko	M	3668	Senior	24	Pamoja
4	283	00:32:44	Moilekau	Matoli	M	1443	Senior	24	CUT
5	294	00:33:09	Ayabonga	Mavusa	M	317	Senior	22	Eskom AC FS
6	284	00:33:11	Quuso	Xouna	M	4365	Senior	26	CUT
7	285	00:33:38	Mpho	Litabe	M	1438	Senior	23	CUT
8	290	00:34:09	Lebohang	Masisi	M	1711	Senior	21	Eskom AC FS
9	288	00:34:48	David	Hlahele	M	1768	Senior	29	Eskom AC FS
10	292	00:35:02	Thembinkosi	Sekgapane	M	4715	Senior	19	Eskom AC FS
11	287	00:35:16	Shadrack	Khoarai	M	1440	Senior	25	CUT
12	331	00:35:43	Neo	Seleteng	M	706	Senior	21	Kovsies
13	289	00:36:01	Fusi	Malibeng	M	1709	Senior	34	Eskom AC FS
14	332	00:36:05	Teboho	Mashiya	M	814	Senior	21	Kovsies
15	354	00:36:09	Japie	Blignaut	M	1515	Senior	29	Bloem Striders
16	286	00:36:12	Freddy	Sefatsa	M	4363	Senior	25	CUT
17	363	00:36:35	Alistair	Kingwill	M	805	40-49	41	Kovsies
18	355	00:37:05	Tyler	Beling	F	865	Junior	19	Kovsies
19	293	00:37:26	Treasure	Derison	M	302	Senior	26	Eskom AC FS
20	318	00:37:57	Marius	Wessels	M	789	Senior	36	Kovsies
21	322	00:38:00	Hannes	Naude	M	769	Senior	28	Kovsies
22	295	00:39:06	David	Chawane	M		50-59	59	Eskom AC FS
23	241	00:39:35	Johan	Swanepoel	M	839	Senior	32	Eskom AC FS
24	362	00:40:51	Liewellyn	Coleman	M		Senior	20	Kovsies
25	269	00:41:47	Zelda	v/d Merwe	F	759	Junior	18	Kovsies
26	242	00:42:58	Maryna	Swanepoel	F	314	Senior	32	Eskom AC FS
27	358	00:45:26	Mothubi	Arend	M		Senior	37	
28	387	00:45:39	Rozelle	Cloete	F	786	50-59	50	Kovsies
29	327	00:46:09	Yolanda	van Vuuren	F	40	40-49	42	SANDF
30	396	00:46:33	Mthembi	Chayque	M	891	Walker	25	Kovsies
31	262	00:46:37	Pieter	Potgieter	M		Senior	29	
32	364	00:47:15	Hester	Kingwill	F	3723	Senior	37	Kovsies
33	297	00:47:21	Danie	Moore	M	63	60+	63	Bloem Achilles
34	360	00:48:47	Andre	Bartleman	M	2129	50-59	52	Bloem Striders
35	375	00:49:08	Dewald	Venter	M	29	Senior	32	SANDF
36	369	00:49:12	Tiaan	Steyn	M	4617	Senior	31	---
37	353	00:49:16	Carrissa	Erasmus	F	2561	Junior	14	Jim Fouche
38	268	00:49:21	Craig	Booth	M	111	40-49	40	Bloem Achilles
39	258	00:50:23	Lou	du Toit	M		50-59	54	
40	343	00:50:25	Petri	Cronje	M		Senior	28	
41	309	00:50:41	Reinhardt	Schmidt	M	16	40-49	43	SANDF
42	351	00:51:40	Chandre	Erasmus	F	2560	Junior	16	Jim Fouche
43	352	00:51:42	Danell	De Villiers	F	2520	Junior	17	Oranje
44	350	00:51:44	Andre	Van Wyk	M	536	40-49	46	Pentagon Pistols
45	389	00:51:49	Ryan	Booth	M		Junior	17	
46	308	00:52:11	Edward	Bosch	M		40-49	44	
47	326	00:52:14	Nkosinath	Mabehena	M	1195	40-49	43	Mac
48	368	00:53:21	Juandre	Brand	M		Senior	28	

49	300	00:53:56	Carolize	Jacobs	F	251	40-49	45	Transwerk
50	365	00:54:00	Morne	De Wet	M	234	40-49	42	Bloem Achilles
51	243	00:54:47	Johan	Claassens	M		40-49	47	
52	341	00:55:07	Karien	Potgieter	F		Senior	30	
53	340	00:55:34	Riaan	van der Merwe	M	665	50-59	54	Pentagon Pistols
54	345	00:55:38	Vimbai	Chisvo	F	1906	Senior	34	Pamoja
55	370	00:55:53	Churchill	Mokoai	M		40-49	41	
56	399	00:55:59	Micheal	Bates	M		50-59	55	
57	391	00:56:03	Niel	Greeff	M	177	40-49	40	Bloem Achilles
58	257	00:56:31	Elsmari	Wium	F		Senior	26	
59	306	00:56:34	Theresa	Fourie	F		40-49	48	
60	361	00:56:39	Done	Leech	F	688	40-49	42	Pentagon Pistols
61	400	00:57:07	Chante	Bisschoff	F	103	Senior	22	Vodacom Kimberley
62	280	00:57:14	Mariette	Koen	F		50-59	54	
63	380	00:57:17	Koos	Erasmus	M		50-59	52	
64	347	00:57:22	Manneheng	Raphuthing	F	329	Senior	36	Pamoja
65	366	00:57:29	Ramona	van der Merwe	F		Senior	24	
66	406	00:57:35	Graham	Maclacklan	M	602	50-59	50	Pentagon Pistols
67	315	00:57:39	Amanda	Jordaan	F		40-49	46	
68	316	00:57:40	Willie	van Loggerenberg	M	1549	60+	68	Bloem Striders
69	407	00:57:45	Jema	Maclacklan	F	603	40-49	48	Pentagon Pistols
70	344	00:57:52	Lizelle	Cronje	F		Senior	27	
71	409	00:58:05	Tumelo	Jeka	M	1763	40-49	48	Eskom AC FS
72	346	00:58:07	Barny	Williams	M	789	40-49	48	Kovsies
73	317	00:58:08	Yolandie	Swart	F	3307	Senior	38	Kovsies
74	337	00:58:53	Aloise	Nel	F	785	Senior	21	Kovsies
75	259	00:58:57	Jorrie	Jordaan	M	190	50-59	56	Bloem Achilles
76	388	00:59:10	Anje	Colangele	F	1555	Senior	28	Bloem Striders
77	390	01:00:10	Brian	Booth	M		40-49	46	
78	249	01:00:16	Francis	Venier	F	125	50-59	54	Bloem Achilles
79	402	01:00:18	Vivian	Phillips	M		Senior	29	
80	403	01:00:21	Jaco	Greeff	M		Senior	28	
81	379	01:01:00	Fekade	Gebremariana	M		40-49	49	
82	247	01:01:24	Mari	van dder Wateren	F	813	Senior	24	Kovsies
83	246	01:01:26	Menanteaux	Olivier	F	864	Senior	35	Kovsies
84	367	01:01:37	Lezanne	Heath	F		Senior	23	
85	348	01:01:47	Francois	Lombrinck	M		Senior	35	
86	349	01:01:47	febe	Potgieter	F		Senior	27	
87	305	01:01:49	Cecil	van Rooyen	M	118	Senior	37	Bloem Achilles
88	265	01:01:50	Anje	Zerwick	F		Senior	24	
89	266	01:01:51	Limdemie	Claassen	F		Senior	23	
90	336	01:01:52	Hannelie	Bekker	F	2223	40-49	43	Pentagon Pistols
91	277	01:02:05	Ilouise	le Roux	F	537	Senior	35	Pentagon Pistols
92	382	01:02:28	Jh	Combrink	M		40-49	40	
93	381	01:02:37	Kalinka	Janse v Vuuren	F		Senior		
94	263	01:02:39	Madelein	Coleman	F	77	Senior	35	Bloem Achilles
95	264	01:02:40	Donita	v/d Merwe	F	185	Senior	27	Bloem Achilles
96	371	01:02:46	Sunet	Botha	F	592	40-49	40	Pentagon Pistols
97	394	01:03:06	Louise	Trystman	F		Senior	29	
98	395	01:03:09	Elmarie	brisley	F		Senior	36	

99	376	01:03:23	Donne	De Villiers	F	132	Senior	27	Bloem Achilles
100	253	01:03:42	Karin	Badenhorst	F	5532	60+	64	Pentagon Pistols
101	303	01:04:13	Johannes	van der Walt	M		Senior	24	
102	304	01:04:15	Nicole Imke	Bruhs	F		Junior	19	
103	261	01:04:52	Marisa	Potgieter	F		Senior	25	
104	312	01:05:01	Leliba	Molefe	M	120	Senior	36	Bloem Achilles
105	410	01:05:54	Moipone	Matlabe	F	2981	Senior	34	Old Mutual
106	383	01:05:55	Marne	Jacobs	F	2255	Senior	22	Pentagon Pistols
107	319	01:06:11	Colette	Pienaar	F	680	40-49	42	Pentagon Pistols
108	251	01:06:16	C	Slabbert	M		Senior	34	
109	321	01:06:17	Ian	Westmore	M		50-59	52	
110	372	01:06:22	Martie	Bloem	F	593	Senior	38	Pentagon Pistols
111	323	01:06:27	Rc	Krause	M		Senior	39	
112	342	01:06:50	Jacques	Potgieter	M		Senior	30	
113	393	01:07:06	Cobus	Badenhorst	M		Senior	32	
114	255	01:07:06	Jane	Oosthuizen	F		Senior	34	
115	254	01:07:08	Vernon	Oosthuizen	M		Senior	30	
116	392	01:07:08	Santa	Badenhorst	F		Senior	30	
117	248	01:07:24	Theuns	De Goede	M	8	60+	73	SANDF
118	408	01:08:05	Abongile	Jolog	F	338	Senior	36	Pamoja
119	398	01:08:07	Dewald	Fourie	M	245	Senior	36	Bloem Achilles
120	330	01:08:19	Yvette	Pretorius	F	1122	50-59	54	Pentagon Pistols
121	397	01:08:22	Yolandie	Fourie	F	236	Senior	32	Bloem Achilles
122	338	01:08:36	Keabetswe	Besnaar	F		Senior	32	
123	333	01:09:07	Yolanda	Masuku	F		Senior	22	
124	271	01:09:32	Crous	Wagener	M		Senior	29	
125	270	01:09:35	Chandre	Sander	F	549	Senior	28	Pentagon Pistols
126	240	01:09:37	Louis	Du Plissis	M	108	50-59	59	Bloem Achilles
127	324	01:09:43	Victor	Japie	M	1914	40-49	48	SANDF
128	313	01:09:56	Smanga	Nteshe	M	2599	40-49	40	Old Mutual
129	314	01:09:58	Tefo	Hlalele	M		40-49	48	
130	260	01:10:09	Danel	Jamneck	F		Senior	27	
131	377	01:10:58	Jonas	Knoza	M		Senior	37	
132	357	01:11:08	Abram	Banda	M		50-59	56	
133	359	01:11:24	Geraldine	Liebenberg	F	173	Senior	25	Bloem Achilles
134	311	01:11:25	Selina	Damane	F		40-49	41	
135	356	01:11:26	Linda	Tuta	F		Senior	31	
136	378	01:11:28	Mosiana	Seleteng	M		50-59	55	
137	302	01:11:56	Elmarie	Theron	F	436	50-59	51	GMS
138	320	01:12:00	Elize	Janse v Rensburg	F		50-59	53	
139	301	01:12:01	Danie	Theron	M	401	50-59	54	GMS
140	404	01:12:07	Unathi	Ntja	F		Senior	35	
141	276	01:12:09	Conrad	Stols	M	52	40-49	49	Bloem Achilles
142	275	01:12:09	Retha	Stols	F	51	40-49	45	Bloem Achilles
143	335	01:12:16	Alta	Vermeulen	F		Senior	27	
144	250	01:12:29	Ludelle	Slabbert	F		Senior	35	
145	329	01:12:40	Irene	Swanepoel	F	1526	50-59	51	Bloem Striders
146	405	01:13:02	Nontsikelelo	Mbobo	F		40-49	46	
147	411	01:15:34	Potia	Atoro	F	515	Senior	32	---
148	325	01:15:38	Victor	Odette	F	1915	40-49	46	SANDF

149	267	01:16:22	Janine	Pretorius	F		Senior	37	
150	252	01:16:54	Jurie	Badenhorst	M		60+	67	
151	374	01:19:18	Marguerit	Vermeulen	F		Senior	31	
152	373	01:19:19	Wynand	Le Roux	M		Senior	33	
153	245	01:19:21	Sindy	van der Merwe	F		Senior	32	
154	244	01:19:22	Yolande	van der Merwe	F	235	Senior	37	Bloem Achilles
155	384	01:20:07	Anri	Gerber	F		Senior	25	
156	385	01:20:14	Liska	Budding	F		Senior	27	
157	386	01:20:17	Rowan	Budding	M		Senior	29	
158	310	01:20:37	Carol	Nepgen	F	252	60+	67	Bloem Striders
159	274	01:21:16	Bonita	du Toit	F	203	Senior	30	Bloem Achilles